

A NUN'S DAY

IT IS WINTERTIME. SISTER JOAN IS A NUN AT A BIG NUNNERY. THIS IS HOW SHE WOULD SPEND HER DAY. (EACH SERVICE SHE WENT TO IS SHOWN BY A CROSS. UNDERNEATH EACH CROSS IS THE NAME OF THE SERVICE.)

MIDNIGHT~ SISTER JOAN IS FAST ASLEEP ON HER STRAW BED IN THE DORMITORY.

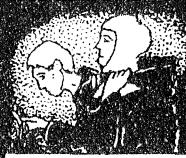


2 A.M.



MATINS LAUDS

THEN BACK TO BED UNTIL...



JUST BEFORE DAWN THE NUNS WASH AND GET DRESSED.

BREAKFAST OF BREAD AND BEER.

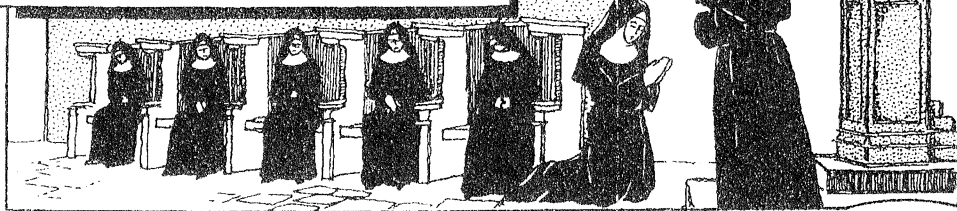


7 A.M.



PRIME

ALL THE NUNS MEET IN THE CHAPTER HOUSE. ONE NUN READS A CHAPTER FROM ST. BENEDICT'S RULES. TODAY SISTER MARGARET WILL BE PUNISHED FOR MISSING SOME OF THE SERVICES.

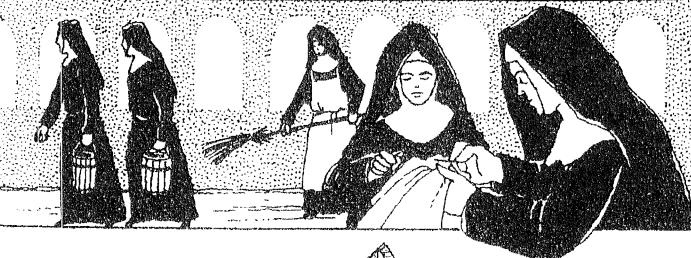


9 A.M.



TERCE

MORNING~ SISTER JOAN IS BUSY WITH HER NEEDLEWORK. OTHER NUNS TEACH OR WORK IN THE FIELDS OR HELP IN THE WORKSHOPS. THEY TAKE IT IN TURNS TO HELP IN THE KITCHEN.



12 NOON



SEXT NONE

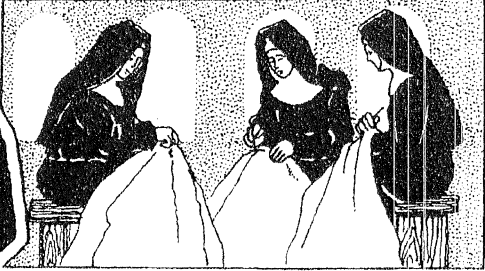
MEANWHILE, SOME NUNS GET DINNER READY.



TODAY IS A MEAT DAY, SO DINNER IS BEEF WITH BREAD AND BEER. THEY EAT IN SILENCE AS SISTER ALICE READS ALOUD FROM A HOLY BOOK. THEY USE SIGN LANGUAGE TO EACH OTHER. SISTER JOAN IS ASKING FOR THE SALT.



AFTERNOON~ BACK TO WORK UNTIL 5 O'CLOCK.



5 P.M.



VESPERS

A LIGHT SUPPER OF SOUP, FISH, BREAD AND ALE. EACH NUN IS ALLOWED ONE LOAF AND A GALLON OF BEER A DAY.



7 P.M.



COMPLINE

THEN STRAIGHT TO BED.

